



The following foods are with ImuPro 300:

Meat-

beef, chicken, deer, duck, goat, goose, hare, lamb, ostrich, pork, quail, rabbit, roe deer, turkey hen, veal, wild boar

Cereals (with gluten) -

barley, gluten, kamut, oats, rye, spelt, wheat

Alternatives to cereals / starchy products-

amaranth, arrowroot, buckwheat, carob, cassava, fonio, jerusalem artichoke, lupine, maize (sweet corn), millet, quinoa, rice, sweet chestnut, sweet potato, tapioca, teff

Vegetables-

artichoke, asparagus, aubergine, bamboo shoots, beetroot, broccoli, brussel sprouts, carrot, cauliflower, chard (beet greens), celeriac (knob celery), chili cayenne, chili habanero, chili jalapeno, chinese cabbage, courgette, cucumber, fennel, kale, leek, moluchia, okra, olive, onion, parsnip, potato, pumpkin, radish red & white, red cabbage, rutabaga, savoy cabbage, stalk celery, spinach, sweet pepper, tomato, turnip cabbage, white cabbage

Mushrooms-

bay boletus, cep (boletus), chanterelle, meadow mushrooms, oyster mushrooms, shiitake

Fruits-

apple, apricot, avocado, banana, blackberry, blueberry, cherry, cranberry, currant, date, fig, gooseberry, grapefruit, grape, guava, honeydew melon, kiwi, lemon, lime, lingonberry, lychee, mandarin, mango, nectarine, orange, papaya, peach, pear, pineapple, plum, pomegranate, prickly pear, quince, raspberry, rhubarb, sea buckthorn, strawberry, watermelon, yellow plum

Milk products -

camel's milk, cow's milk, goat's milk & cheese, halloumi, kefir, mare's milk, milk cooked, rennet cheese (cow), ricotta, sheep milk & cheese, sour-milk products (cow)

Salads-

butterhead lettuce, chicory, dandelion, endive, iceberg lettuce, lamb's lettuce, lollo rosso, radicchio, romaine/cos lettuce, rocket

Legumes -

broad beans, chickpeas, green beans, green peas, mung bean (green gram), lentils, soybeans

Fish & Seafood-

anchovy, angler, blue mussels, carp, codfish, crawfish, eel, gilthead bream, haddock, hake, halibut, herring, iridescent shark, lobster, mackerel, monkfish, ocean perch, octopus, oyster, plaice, pollock, red snapper, salmon, sardine, scallop, sea bass, shark, shrimp, sole, squid, sutchi catfish, swordfish, trout, tunafish, zander

Eggs -

chicken egg (white), chicken egg (yolk), goose egg, quail egg

Spices & herbs

alfalfa, allspice, aniseed, basil, bay leaf, black pepper, capers, caraway, cardamom, chervil, cinnamon, chives, clove, coriander, cumin, curcumin, dill, garden cress, garlic, ginger, horseradish, juniper berry, lavender, lemon balm, lovage, marjoram, mustard seed, nutmeg, oregano, paprika, parsley, rosemary, saffron, sage, savory, thyme, vanilla, white pepper, wild garlic

Seeds and Nuts-

almond, brazil nut, cashew, cocoa bean, coconut, hazelnut, linseed, macadamia nut, peanut, pine nut, pistachio, poppy seed, pumpkin seed, sesame, sunflower seed, walnuts

Tea, Coffee & Wine-

black tea, chamomile, coffee, green tea, nettle, peppermint, rooibus tea, rose hip, tannin

Sweeteners-

agave nectar, cane sugar, honey (mixture), maple syrup

Yeasts -

yeast (beer, bread)

Preservatives -

benzoic acid (E211), sorbic acid, (E200)

Thickening agents -

agar agar (E406), carrageen (E407), guar flour (E412), pectin (E440), tragacanth (E413), xanthan gum

Algae -

red algae (nori), spirulina

Specials -

aloe vera, aspergillus niger, candida, candied lemon peel, vine leaves

- Contact our front desk for more nfo on all of our Allergy Testing panels.