



The following foods are tested with ImuPro AD(H)D:

Meat

beef, chicken, lamb, pork, turkey

Fish & Seafood

salmon, tuna, ocean perch, pollock, crayfish (includes lobster)

Eggs

chicken egg white/yolk

Vegetables

aubergine (eggplant), beetroot (beets), broccoli, carrots, celery (celeriac), cayenne chili, courgette (zucchini), cucumber, kohlrabi (turnip cabbage), leek, olive, onion, potato, red cabbage, sweet pepper, tomato

Legumes

green beans, green peas, soybeans

Salads

butterhead lettuce, lamb's lettuce

Fruits

apple, apricot, banana, cherry, grape/raisin, kiwi, lemon, nectarine, orange, pineapple, strawberry, watermelon

Grains w/Gluten

barley, gluten, oats, rye, spelt, wheat

Gluten-Free

Grains/Starches

buckwheat, maize (sweet corn), millet, rice

Spices & Herbs

basil, black pepper, cinnamon, garlic, horseradish, mustard seed, nutmeg, oregano, paprika, parsley, rosemary, thyme, vanilla

Seeds & Nuts

almond, cashew, cocoa bean, hazelnut, linseed (flaxseed), peanut, pistachio, poppy seed, pumpkin seeds, sesame, sunflower seeds, walnuts

Mushrooms

meadow mushroom

Milk Products

cow's milk, rennet cheese (cow), sour-milk products (cow), goat's milk, goat's cheese, sheep's milk, sheep's cheese

Sweeteners

honey (mixture), cane sugar

Thickening agents

guar flour (E412)

Tea, Coffee & Wine

Peppermint

Yeasts

yeast (beer, bread)

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