

Frequently Asked Questions About Naturopathic Medicine



Does my insurance cover me at A Renaissance Health Center?

We do accept all insurances that cover Naturopathic medicine. If you call ahead, we will be happy to check your benefits for you.

We accept the following Insurances:

Aetna	HealthNet/ASHN
BC/BS	Providence Preferred
Cigna	United Health
Kaiser/CHP	Pacific Source
Lifewise Pending	

Can Dr. Squellati be my primary care provider?

Dr. Squellati can effectively treat both acute and chronic illnesses and in this way can function as primary care providers. We do recommend our patients maintain a relationship with their MD or DO, as we enjoy working together to create an integrative support for the best interest of our patient's needs.

Can the Naturopathic physician order lab testing?

Yes. Dr. Squellati is a board licensed physician in the state of Oregon and can draw blood as well as administer IV therapy to all patients.

What can I expect during my first office visit?

The initial office visit can be different for each person. Typically you will spend approximately one hour with the physician. During that hour you will discuss your current complaint, your medical history, family history and lifestyle history. There will also be an appropriate physical exam. Usually, treatment will be started during the first visit.

How long will it take for me to get better?

This of course varies for each patient and the complexity of the condition. It is common for patients to notice improvement of chronic complaints within a few weeks, with continued improvement over months. Acute illnesses often have very rapid results with naturopathic medications, with improvement seen in hours to days.

Will I get a prescription such as an antibiotic from my doctor?

Yes. Dr. Squellati is licensed to prescribe medications in the state of Oregon. We do have extensive training in pharmacology and are able to discuss and recommend a course of treatment using conventional therapies, though is not typically the first choice or method of treatment. Often, there are very effective naturopathic treatments that can be used instead.

Does A Renaissance Health Center have naturopathic medicines available on site?

Yes. We have a full naturopathic medicinalary stocked with herbal, homeopathic, nutritional and functional remedies. We carry only the highest quality products, most of which can not be purchased outside a physician's office or pharmacy to ensure our patients receive the best products available

Our Naturopathic Medicinary Sells High Quality, Organic Medicines:



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| * Nordic Naturals | * Standard Process/ <u>Medi-Herb</u> |
| * Integrative Therapeutics | * <u>Metagenics</u> |
| * Wise Woman Herbals | * Pure Encapsulation |
| * Pain & Stress Center | * Douglas Laboratories |
| * Thome | * Salves/Tinctures/Drops |

- ~ Complete line of Homeopathic Medicines made in our Center for you!
- ~ Flower Remedies Available with Consult
- ~ Essential Oils